

Mock Health Center Visit (from lesson 8 - Taking Care of Your Health, Taking Care of Yourself)

Mock Visit

- Now that we've talked about how to prepare for a visit, we're going to help Janell make an appointment and go to the doctor.
- As we go through each part, help Janell decide what to do.



Activity: Janell's period is late. They have vaginal sex with their boyfriend, and think they may be pregnant. By answering a series of questions, participants will help Janell make a health center appointment, set a reminder, check in, answer health questions and book a follow up appointment.

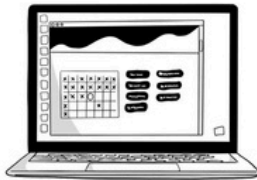
Time for An Appointment

- Janell's period is late. They have vaginal sex with their partner, who has a penis.
- Janell is worried they might be pregnant.
- What do you think Janell should do?
 - A. Make an appointment to get a pregnancy test.
 - B. Wait until next month to see if her period starts again.



Make an Appointment

- Janell goes online to make an appointment but can't find the right button to request a pregnancy test.
- What should they do?
 - A. Pick a different service, like an STI test, because it's probably similar.
 - B. Call the health center and talk to a person to make sure they're getting the right services.



Give us feedback!

