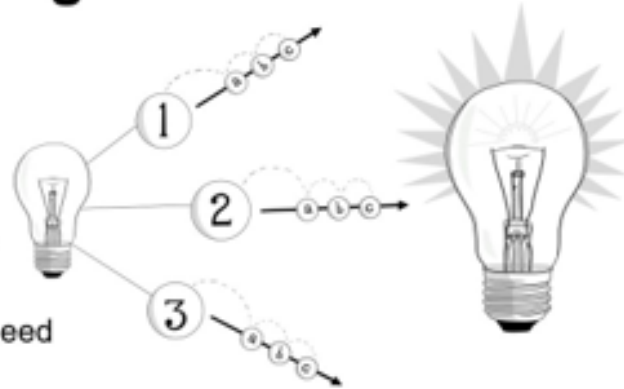


Decision-Making Model (from lesson 10 - Choices & Decision-making)

Decision-Making Model

1. Identify the situation
2. Consider your options
3. What are your choices
4. What support do you need
5. Make a decision



Scenario 1: Jenny

- Jenny has a friend group who like to hang out every Saturday. They all take turns picking what to do together. This coming Saturday is Jenny's turn to plan the hangout.
- Let's help Jenny make a decision using the Decision-Making Model.



Activity:

Participants will review a 5-step model that can support decision-making. Then, participants can help two different fictional characters make decisions about friendship and sexual relationships, using the steps of the model.

Scenario 2: Jeramiah

- Jeramiah and Sylvia have been in a romantic relationship for a while. Lately, Sylvia has been talking with Jeramiah about how she would like to have sex with him. Jeramiah has never had sex before and isn't sure if he wants to or not.



Give us feedback!

