

Middle School Introduction to Sexual Orientation, Gender Identity and Expression (SOGIE) Lesson

Time: 45-60 minutes

This lesson is designed to be an introduction to the difference between sex assigned at birth, gender identity, gender expression and sexual orientation. This lesson will present the ways in which we can avoid making assumptions about people's identities and how to be respectful of those different identities.

Outline

- Introduction (3 mins)
- Activity One: Gender Unicorn (15 mins)
- Activity Two: Unicorn Biographies (15 mins)
- Activity Three (optional): Gender Less Story (10 mins)
- Conclusion (5 mins)



National Sexuality Education Standards

- GI.10.CC.1 Differentiate between sex assigned at birth, gender identity, and gender expression.
- GI.12.INF.1 Explain how support from families, schools, and communities can improve a person's health and wellbeing as it relates to gender identity and gender expression.
- SO.10.CC.1 Differentiate between sexual orientation, sexual behavior, and sexual identity.
- SO.12.INF.1 Explain how support from families, schools, and communities can improve a person's health and wellbeing as it relates to sexual orientation and sexual identity.



Colorado Comprehensive Health Standards

- 3.3 Advocate to improve or maintain positive mental, emotional well-being for self and others.
- Demonstrate effective and respectful advocacy strategies in support of the needs and rights of others.
 - Demonstrate support and respect for diversity.
 - Advocate for positive and respectful school environment that supports pro-social behavior.
- 4.5 Analyze the factors that influence community and societal beliefs that underlie violence, and describe relationships, attitudes, behavior, and vulnerability to violence.
- Examine the importance of respecting individual differences.



New Mexico Health Education Standards

- C4 Students will analyze the influence of culture, media, technology, and other factors on health.
- B1: analyze how cultural practices can enrich or challenge healthy behaviors (PS2 fully met).

