

High School Anatomy Lesson

Time: 45-60 mins

This presentation is designed to help students understand the different parts and functions of the sexual and reproductive anatomy while also discussing how to maintain the health of these body parts. It features a jeopardy game and a body-positivity activity.

Outline

- Introduction (3 min)
- Activity One: Speed Review (5 mins)
- Activity Two: Jeopardy (30 mins)
- Conclusion (5 mins)



National Sexuality Education Standards

- AP.10.CC.1 Explain the human reproductive and sexual response systems, including differentiating between internal and external body parts and their functions, and that there are naturally occurring variations in human bodies (e.g., intersex).
- GL.10.CC.1 Differentiate between sex assigned at birth, gender identity, and gender expression.



Colorado Comprehensive Health Standards

2.5 Support others in making positive and healthful choices about sexual activity.

- Communicate the importance of HIV and sexually transmitted disease (STD) testing and counseling to those who are sexually active.

2.6 Develop and maintain ongoing evaluation of factors that impact health, and modify lifestyle accordingly.

- Explore the importance of health screenings, immunizations, and checkups, including screenings, and examinations that are necessary to maintain health.

3.3 Advocate to improve or maintain positive mental, emotional well-being for self and others.

- Demonstrate support and respect for diversity.



New Mexico Health Education Standards

C1 Students will comprehend concepts related to health promotion and disease prevention

- B1: analyze how behavior can impact health maintenance and disease prevention (PS3 fully met).
- B3: explain the impact of personal health behaviors on the functioning of body systems (PS1-2 fully met).

C3 Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

- B1: analyze the role of individual responsibility for enhancing health (PSa fully met).

